



## The Birkett Mills Recipes

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### Salad: Curried Chicken salad

Serves: 4-6

#### Ingredients

3 cups cooked kasha (course or whole)	Honey curry vinaigrette
2 cups diced cooked chicken	2/3 cup oil
1 large red apple, diced	1/4 cup vinegar
1/2 cup raisins	2 Tbsp. honey
2 green onions, sliced	2 tsp. curry powder
1/4 cup chopped celery	
1 red bell pepper, chopped	

#### Directions

Prepare kasha according to package directions, using chicken broth. When kasha is cool, combine all salad ingredients in a large bowl. In a small bowl, whisk together vinaigrette ingredients until smooth. Pour over salad and toss gently.