



The Birkett Mills Recipes

The Birkett Mills © 2014

P.O. Box 440, Penn Yan, NY 14527

(315) 536-3311

Side Dish: Buckwheat Pesto

Serves: 6

Ingredients

1 cup buckwheat groats	1 cup fresh parsley, finely chopped
2 ½ cup water	2 tsp. dry basil or ¼ cup fresh
¼ tsp. salt	1 cup grated Parmesan cheese
2 ½ Tbsp. butter softened	½ cup sliced black olives
1 ½ Tbsp. olive oil	½ cup chopped cooked bacon (optional)
4 cloves garlic, finely chopped	
½ cup finely chopped walnuts	

Directions

Boil water with salt. Add groats, cover and simmer for 20 minutes. Remove from heat and leave pan covered for about 5 minutes, then fluff with fork.

Mix butter, oil, garlic, and walnuts together. Separately combine parsley, basil, cheese and olives Add butter mixture to groats, then add the parsley mixture. Salt to taste. Toss and serve. Sprinkle bacon on top, if desired.



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